



The Cook Islands National Superannuation Fund Pension Rates

Effective 1 January 2015

Age	\$ Pension rate for each \$1,000 invested
55	65
56	66
57	67
58	67
59	68
60	69
61	70
62	71
63	72
64	73
65	74
66	76
67	77
68	78
69	80
70	81
71	83
72	85
73	87
74	89
75	91

How to calculate your pension: If the balance of your CINSF is \$50,000 at the age of 60, then divide \$50,000 by 1,000 = 50, look up the age 60 on the table and it shows 69, then 50 x 69 = \$3,450, \$3,450 divide by 12 months = \$287.50 per month. This is the monthly pension you will receive.