



The Cook Islands National Superannuation Fund Pension Rates

Effective 1 March 2021

Age	\$ Pension rate for each \$1,000 invested
55	57
56	58
57	59
58	60
59	60
60	61
61	62
62	63
63	64
64	66
65	67
66	68
67	69
68	71
69	72
70	74
71	76
72	78
73	79
74	82
75	84

How to calculate your pension: If the balance of your CINSF is \$50,000 at the age of 60, then divide \$50,000 by 1,000 = 50, look up the age 60 on the table and it shows 61, then 50 x 61 = \$3,050, \$3,050 divide by 12 months = \$254.17 per month. This is the monthly pension you will receive.